



OPTA PT ED Talk

PORTLAND, OREGON

April 25, 2019

Updates on Concussion Assessment and Treatment

Presented by

Jennifer Wilhelm, PT, DPT
Natalie Pettigrew, PT, DPT
Sam Stuart, PT, PhD

Thursday, April 25, 2019

6:30 p.m. Registration and Networking

7:00 – 9:00 p.m. Program

Continuing Education Hours: 2

Location:

Robertson Life Science Building
Room 3A003B
2730 SW Moody Avenue
Portland, OR 97201

Registration Information

Course Registration Fees:

OPTA/APTA Member*	\$50
OPTA Service Member**	\$35
OPTA/APTA Student Member	\$25
PT or PTA Non-Member	\$70

* Member category eligibility includes any APTA member whether in Oregon or any other state. (APTA member number is required.)

**For members serving on the OPTA board or a committee.

Payment Policy:

We can only accept registrations in the following ways: online at www.opta.org, via fax at 503.253.9172 or mailed to OPTA at 147 SE 102nd Ave., Portland, OR 97216. We cannot accept emailed or phone in registrations.

Course Description:

Concussion awareness has increased significantly with the media and changes in legislation and regulations. Despite the high level of awareness, research is just starting to address the physiology and determination of best assessments and treatments after concussion.

Currently it is unknown if post-concussion balance deficits are due to peripheral vestibular, vision or proprioceptive pathology or from deficits in central sensorimotor integration. We will provide an overview of concussion pathology including typical signs and symptoms of both acute and chronic concussion. We will review both standard and novel assessments for concussion as well as describe a tailored treatment approach based on stage and symptom burden.

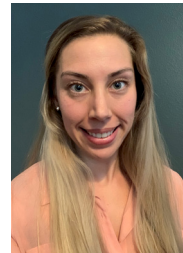
Program Objectives:

- Be able to state objective tests for acute concussion assessment
- Demonstrate knowledge on return to play considerations
- Prioritize rehabilitation treatment approach based on assessment

Speaker Bios:



Jennifer Wilhelm



Natalie Pettigrew



Sam Stuart

Jennifer Wilhelm received her DPT from Pacific University in 2006 and her Neurological Certification in 2012. She works at OHSU in the outpatient rehabilitation department as well as in the Gait and Balance Lab investigating balance deficits and rehabilitation in patients with mTBI. She has worked to build the interdisciplinary program for concussion patients at OHSU and has given talks regionally on concussion care and management.

Natalie Pettigrew received her DPT from University of Washington in 2015. She works at OHSU in the Center for Regenerative Medicine and is currently working on multiple clinical trials for neurologic and orthopedic conditions. Current areas of interest are TBI, limb regeneration, and spinal cord injury. In addition, Natalie joined the team at the Gait and Balance Lab focusing on clinical research of patients with TBI. Outside of research, she continues her clinical practice with neurological clients in the home setting.

Sam Stuart is a physical therapist from the United Kingdom (UK) and received his PhD from Newcastle University (UK) in 2016. He has worked at OHSU for 1.5 years within the department of Neurology, where he is currently undergoing a Parkinson's Foundation Post-doctoral Research Fellowship. His research interests involve the role that sensory and cognitive function play in gait and balance deficits in neurological populations such as Parkinson's disease or mild traumatic brain injury. Parallel to his research, he has worked clinically with individuals with neurological issues, such as mild and severe traumatic brain injuries, within various settings (sports, private practice and NHS).

CE & Course Information

Continuing Education Credit

CE Hours 2 – This course meets the Oregon Physical Therapist Licensing Board's requirements for continuing education. A Course Completion Certificate Will Be Issued To Registrants Upon Completion Of The Course. Oregon Licensed Therapists And Assistants Are Encouraged To Consult Division 35 Of The Licensing Board's Administrative Rules For Complete Information Regarding CE Requirements in Oregon.

Course Restrictions

Registrations must be received by April 18, 2019. Space is limited, so early registration is encouraged to secure your spot. In the event that room space becomes filled to capacity, some registrants will not be able to be accommodated, and will be notified. Registrations will be accepted on a first-come, first-served basis. In the event of inadequate registration, weather problems or other events beyond OPTA's control, a meeting may be moved or cancelled. Should this occur, an attempt will be made to contact registrants and fees will be refunded.

Cancellation Policy

Cancellations received prior to April 18, 2019 will receive a full refund minus a \$10 administration fee. Cancellations received after April 18, 2019 will receive a 50% refund of their total fees. No-shows and same-day cancellations will not receive a refund.



OPTA PT ED Talk

Updates on Concussion Assessment and Treatment

PORTLAND, OREGON

Thursday, April 25, 2019

Only one registrant per form. Copy this form for additional registrants.

Mr. Ms. Mrs. Dr.

First Name: _____ Last Name: _____ Designations: _____

Badge First Name (if different): _____

*APTA Membership Number: _____ Oregon License Number: _____

Company Name: _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Business Phone: _____ Fax: _____ Email: _____

Liability Waiver: By registering for this course, you waive all liability to OPTA for any injury that may occur in the course.

Course Registration Fees – Please Check One:

- OPTA/APTA Member* \$50
- OPTA Service Member** \$35 **I serve on the following OPTA board position or committee: _____
- OPTA/APTA Student Member \$25 _____
- PT or PTA Non-Member \$70

*Member category eligibility includes any APTA member whether in Oregon or any other state. (APTA member number is required.)

PAYMENT OPTIONS (US FUNDS): Check, Payable to OPTA Visa/MasterCard American Express Discover

Card # _____ Exp. Date _____ Amount Authorized \$ _____

Name on Card _____ CVV: _____

Signature _____

Card Billing Address (required) _____ City _____ State _____ Zip _____

Email address to send credit card receipt to _____

Payment Policy:

We can only accept registrations in the following ways: online at www.opta.org, via fax at 503.253.9172 or mailed to OPTA (see below for address). We cannot accept emailed or phone in registrations.

Confirmation:

Email confirmation will be sent for this event. Please retain the course information for future reference.

Cancellation Policy:

Cancellations received prior to April 18, 2019 will receive a full refund minus a \$10 administration fee. Cancellations received after April 18, 2019 will receive a 50% refund of their total fees. No-shows and same-day cancellations will not receive a refund.

Registrant agrees to grant OPTA, and Update Management the right to photograph or video Registrant during participation in the event. Registrant understands that any photographs or recordings may be used by OPTA and Update Management for marketing and promotional purposes, at their sole judgment and discretion, without compensation or credit to Registrant.

Send to OPTA via fax at 503.253.9172 or mail to 147 SE 102nd Avenue, Portland, OR 97216
Questions? Call 503.262.9247 or toll free at 1.877.452.4919 or email us at info@opta.org